January

Longmont Shambhala Meditation Group

2015

Sun	*Mon*	*Tue*	*Wed*	*Thu*	*Fri*	*Sat*
				1 **7 – 9 PM** **Practice and Dharma Talk**	**2**	**3**
4 **9 AM – Noon** **Nyinthun**	**5**	**6**	**7**	**8** **7 – 9 PM** **Practice and Dharma Talk**	**9** **7 – 9:30 PM** **Movie *Travellers and Magicians***	**10**
11 **1:00 – 3:30 PM** **Werma Sadhana (restricted)**	**12**	**13**	**14**	**15** **7 – 9 PM** **Just Sit**	**16**	**17**
18	**19**	**20**	**21**	**22** **7 – 9 PM** **Practice and Discussion**	**23**	**24** **9:30 – 4:30** **PIP Day of Meditation at Longmont Buddhist Temple**
25 **1:30 – 3:30 PM** **GES Class (restricted)**	**26**	**27**	**28**	**29** **7 – 9 PM** **Practice and Discussion**	**30**	**31** **11 AM – 1 PM** **LSMG Support Group**

February

Longmont Shambhala Meditation Group

2015

Sun	*Mon*	*Tue*	*Wed*	*Thu*	*Fri*	*Sat*
1 **9 AM – Noon Nyinthun**	**2**	**3**	**4**	**5** **7 – 9 PM Practice and Dharma Talk**	**6**	**7**
8	**9** **7 – 9 PM Health and Well-Being meeting at Carolyn's**	**10**	**11**	**12** **7 – 9 PM Practice and Dharma Talk**	**13**	**14**
15	**16**	**17**	**18**	**19** **Shambhala Day Celebration** **7 – 9 Just Sit**	**20**	**21**
22	**23**	**24**	**25**	**26** **7 – 9 PM Practice and Discussion**	**27** **7 – 9:30 PM Movie (TBD)**	**28**

March

Longmont Shambhala Meditation Group

2015

Sun	*Mon*	*Tue*	*Wed*	*Thu*	*Fri*	*Sat*
1 **9 AM – Noon Nyinthun** **1 PM Transition Celebration**	**2**	**3**	**4**	**5** **7 – 9 PM Practice and Dharma Talk**	**6**	**7**
8	**9**	**10**	**11**	**12** **7 – 9 PM Practice and Dharma Talk**	**13**	**14**
15	**16**	**17**	**18**	**19** **7 – 9 PM Just Sit**	**20**	**21**
22	**23**	**24**	**25**	**26** **7 – 9 PM Practice and Discussion**	**27** **7 – 9:30 PM Movie (TBD)**	**28**
29	**30**	**31**				

April

Longmont Shambhala Meditation Group

2015

Sun	*Mon*	*Tue*	*Wed*	*Thu*	*Fri*	*Sat*
			1	**2** **7 – 9 PM** **Practice and Dharma Talk**	**3**	**4**
5 **9 AM – Noon** **Nyinthun**	**6**	**7**	**8**	**9** **7 – 9 PM** **Practice and Dharma Talk**	**10**	**11**
12	**13**	**14**	**15**	**16** **7 – 9 PM** **Just Sit**	**17**	**18**
19	**20**	**21**	**22**	**23** **7 – 9 PM** **Practice and Discussion**	**24** **7 – 9:30 PM** **Movie (TBD**	**25**
26	**27**	**28**	**29**	**30** **7 – 9 PM** **Practice and Discussion**		